LUNCH WEEK











1

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN MEAL #ONE Classic Macaroni Baked in a rich Cheese Sauce and cooked to perfection Jerk Sausages Served with Chive mashed potato, roasted carrots & gravy

Chicken Pie Served with baby potatoes & Broccoli Chicken Coronation Curry Served with rice & mango chutney Battered Fillet of Fish served with chips, garden peas or beans & tartare sauce

MAIN MEAL #TWO A choice of meat & veggie toppers, served with house salad & coleslaw

Plant Based Vegetable Wellington, served with mashed potato, roasted carrots & gravy

Red Pepper & Cheese Frittata Served with baby potatoes & Broccoli Butternut Squash, Chickpea & potato curry Served with rice & mango chutney

Chefs Americas Tex Mex Tacos Served with chips & Peas

HANDHELD

Ham & Cheese Panini

Chicken Wrap

Cheese & Onion Panini

Jumbo Hotdog

Pepperoni Panini

BOWLED OVER

Street Chicken Noodles Herby Tomato Pasta Loaded Wedges

Loaded Nachos

Tomato Meatball

HOT PUDDING

Lemon Drizzle Sponge Creamy Rice Pudding Apple & Cherry Oaty Crumble

Shortbread

Chocolate & Banana Sponge

There is also a daily selection of sandwiches, baguettes, wraps and salads available.

Our hot puddings will be complimented with a range of cold desserts etc.





JACKET STATION

Sweet potatoes and Jacket potatoes with various fillings on offer including; cheddar cheese, baked beans and tuna with mayonnaise

ALLERGIES

PLEASE SPEAK TO OUR STAFF
MEMBERS IF YOU HAVE ANY
ALLERGIES AND NEED TO KNOW
WHAT IS WITHIN EACH OF OUR
DISHES. THEY WILL ADVISE YOU ON
YOUR AVAILABLE FOOD CHOICES.

COMING SOON

Bowled Over

Pasta / rice / noodles served daily with different toppings!

VEGAN OPTIONS AVAILABLE DAILY!



LUNCH WEEK











2

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN MEAL #ONE Hearty Meatball Goulash Served with herby rice & sauté green beans

Marinated
Chicken thigh or
drumstick
Served with
spicy rice & slaw

Roasted Gammon Roast Potatoes Seasonal vegetables & Gravy Stir fry Turkey in soy & Ginger with Noodles Served with prawn crackers Breaded Fish Fingers served with chips, garden peas or beans & tartare sauce

MAIN MEAL #TWO Wholewheat Vegetable Pasta Bake Served with sauté green beans Classic Ratatouille Served with

Smokey Vegetable Enchilada Served With Coleslaw Black Bean Noodles & Stir Fried Vegetables Vegan Bolognaise Served with spaghetti & garlic bread

HANDHELD

Authentic Pizza Slice Half Cheese & Tomato Bagel

spicy rice

Authentic Pizza Slice Cheese & Tomato

Ham & Cheese Folded Naan

BOWLED OVER

Herby Tomato Pasta Sills

Cheesy Pasta

Sweet Chilli

Noodles

Vegetable Chilli & Rice

Loaded Nachos

HOT PUDDING

Chocolate &

Kidney bean

muffin

Syrup Sponge

Plum Crumble

Vanilla Sponge

Oatmeal Cookie

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<u>meal</u> Deals

£0.00

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3

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN MEAL #ONE Chicken
Jambalaya
Served with
Latin salad &
Nachos

50% plant based Cottage Pie Served with green cabbage & buttered swede

Pork Casserole, Potatoes, & carrots. Piri Piri Chicken Strips Khobez wrap, Salads & Sauce options.

Breaded Fishcake served with chips, garden peas or beans & tartare sauce

MAIN MEAL #TWO

Ramirez Wrap served with latin salad & nachos Chickpea & Vegetable hot pot Served with green cabbage & buttered swede

Macaroni Cheese Bake topped with Crispy Sage Stuffing Falafel & Hummus Khobez wrap, salads & sauce options

Quorn Mince Lasagne Served with chips and Peas

HANDHELD

Hot filled Baquette iakan Burrar

Tomato &

to & Authentic Piz

Bbq Chicken Wrap

BOWLED OVER

Mascarpone Pasta

(Apr

Soy Vegetable Loaded Nachos

Y

Herby Tomato

Sausage & Chips

O TEN

HOT PUDDING

Cinnamon nachos & chocolate sauce

Oaty Flapjack

Bread & Butter Pudding Sticky toffee apple crumble

Pancake & Cherry

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<u>meal</u> <u>Deals</u>

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